

POST SHORTS

Recycling schedule

The residential and recycling pickup schedule for May 9, is paper. Put items in paper bags, boxes or bundles and place them on the

ACS honors military spouses

In honor of "Military Spouse Appreciation Day," Army Community Service will have an information table, free Spouse Appreciation packets and door prizes, 11:30 a.m. to 1 p.m., May 10, at the Aberdeen Post Exchange. Everyone is invited.

For more information, contact Marilyn Howard, ACS, building 2754, 410-278-9669.

DFAS returns to its **World Wide Web** home

The Defense Finance and Accounting Service has returned to its original World Wide Web location, effective May 1. The DFAS Web site will shift to www.dfas. mil from its current location within the Department of Defense domain at www. dod.mil/dfas. DFAS officials believe the change will make the Web site easier to find for its customers and partners.

The information available on the site, which includes topics such as military and civilian pay, retiree and annuitant pay, and vendor pay, will remain up to date and relevant for the site's visitors. This change affects the DFAS public Web site only.

Other DFAS-sponsored online applications, such as myPay, remain unaffected and can be accessed at their current online address.

Hydrant flushing scheduled through June

Fire hydrant flushing in APG North is scheduled through June 8. The City of Aberdeen will perform annual hydrant flushing starting with the Family housing area starting at 4 p.m., Monday through Friday.

Through May 4, 2000 block.

May 7 through 11, flushing will include blocks 300, 3000 and 4000.

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nizes Edgewood High Iraq Memorial

Funding needs prompt Army spending constraint

The Army remains determined to do whatever necessary to execute its mission: defending the nation and prosecuting the War on Terror while ensuring uninterrupted support to the Families of our deployed Soldiers.

With the fiscal year 2007 emergency supplemental for funding operations in Afghanistan and Iraq and requirements associated with the Global War on Terror still under Congressional review, the Army will slow spending and the Department of Defense will move funds from other accounts

to the Army, Army officials announced April 16.

In order to stretch the money it has, the Army will tell commanders to slow spending in certain areas so that war related activities and support to Families can continue. The Department of Defense also will request the Congress approve the temporary reprogramming of \$1.6 billion from Navy and Air Force pay accounts to the Army's operating account.

Beginning in mid-April, the Army slowed the purchase of repair parts and other supplies,

inventory to keep equipment operational. Priority will be given to repair and refurbishment of immediately needed Warfighting equipment, while training and other non-mission critical equipment repair will be deferred, officials said. In addition, the purchase of day-to-day supplies with government charge cards will be restricted, non-essential travel will be postponed or canceled, and shipment of equipment and supplies will be restricted or deferred altogether, unless needed immediately for war

relying instead on existing efforts. The Army added it also will delay the repair of facilities and environmental programs unless the work is for safety or health reasons, or impacts on Family support.

The Army also announced it will take more restrictive actions in May, beginning with a freeze on new civilian hiring from outside the Army and releasing temporary employees. The Army also will cease to enter into new contracts and task orders, and suspend some service contracts supporting training events and facilities. Army commands

will be directed to review their outstanding orders for parts, supplies and services and cancel orders that are not essential for immediate operations.

The Army estimates that even with these spending restrictions and a temporary reprogramming of \$1.6 billion, funds are sufficient to keep operations running only until the end of June. These actions carry consequential effects, including substantial disruption to installation functions, decreasing efficiency and potentially further degrading the readiness of non-deployed units.

APG hears sexual abuse survivor's story of strength

HEATHER TASSMER

APG News During a journey to meet other women who shared the same name, a sexual abuse survivor found that they had much more in common than just their names.

In 2001, Angela Shelton, an antisexual abuse activist, comedian and filmmaker, traveled across the United States in search of other Angela Sheltons. She shared her story of how she was sexually abused when she was a child. She discovered that 70 percent of them had also been victims of sexual assault or domestic violence.

Aberdeen Proving Ground community members had a chance to view Shelton's journey during an Army Community Service Family Advocacy Program's Sexual Assault Awareness month event April 19 at Top of the Bay where the activist showed her award-winning documentary, "Searching for Angela Shelton."

Before introducing Shelton, Lynda Fernandez, ACS victim advocacy coordinator, said this year's theme was "Stand Up Against Sexual Assault... Make a Difference."

"The theme signifies the understanding of the important role each one of you play in the fight against sexual assault and other forms of violence. We can make a difference one life at a time," Fernandez said.

"The knowledge that we can make a difference one life at a time is what inspired our guest speaker to embark on a quest that brought her face to face with herself," she said.

Shelton said originally she did not intend to bring her story of abuse into the documentary.

"I had this crazy idea to go survey women in America," she said. "It wasn't really my plan to go open myself up and tell everyone about my life and my dad and reveal my whole past."

She said when she started calling the women with her same name, they thought she was a telemarketer.

"I'm just surveying women in America and I want to know who you are, where you've been and what you're going through, and they would say 'well, who are you, where have you been and what are you going through?" Shelton said.

Shelton shared her story with the other women so she could learn more about them.

During the film, she mentioned being sexually abused by her father and stepbrother before being placed in a foster home.

Sharing this story wasn't easy but Shelton continued on with her trip.

"Some days I wonder 'why am I doing this," she says in the documentary. "Then I think, 'I have to do

She spent 57 days visiting 40 Ange-



http://www.searchingforangelashelton.com

la Sheltons and the last one she met up with lived in South Carolina, the same state where her father lived. The Angela Shelton in Charleston, S.C., also tracked child predators.

With the encouragement of this woman, Shelton ended her trip by confronting her father, who she had not seen in 12 years.

"He was like any other child molester," she said. "There was no apology. All I got was denial, and this is so common for child molesters."

She said that her father was not a person someone would expect to do such horrible things to children.

"My dad was charming, really well liked in the church, successful, good looking and funny...you would never think that behind closed doors, he's sexually abusing his kids and beating the hell out of them."

Shelton said making the film created many positive outcomes.

"It was a very freeing experience for me," Shelton said. "The Angela Sheltons felt great after talking to me. They had been silent for years."

She said that they have also had

See ABUSE, page 5

Applying for Army Emergency Relief

Army Emergency Relief is a private nonprofit organization with the sole mission to help Soldiers and their eligible Family members who are experiencing financial emergencies. Eligibility

• Active duty Soldiers, single or married, and their dependents

• Members of the Reserve Components of the Army (Army National Guard and U.S. Army Reserve) under Title 10 on continuous active duty orders for more than 30 consecutive days and their eligible Family members.

• Soldiers retired from active duty for longevity or physical disability, or retired upon reaching age 60 (Reserve Components) and their eligible Family members.

• Surviving spouses and orphans of Soldiers who died while on active duty or after they retired.

Authorized AER assistance

AER can help with emergency

- financial needs for: Emergency transportation and
- vehicle repairs • Food, rent, or utilities
- Funeral expenses • Medical/dental expenses
- Personal needs when pay is
- delayed or stolen. **Unauthorized AER assistance**

Help pay for nonessentials

- Finance ordinary leave or vacation
- Pay fines or legal expenses
- Help liquidate or consolidate debt · Assist with house purchase or
- home improvements • Help purchase, rent, or lease a
- vehicle · Cover bad checks or pay cred-
- it card bills Applying for AER assistance

Active duty Soldiers assigned to APG can request an application for AER assistance (DA Form 1103) through their unit, or the AER office located in

also available on Form Flow. The Soldier will need to fill out the front of the form and provide all

The Soldier's first sergeant or commanding officer must then review, approve, and sign the form. The Soldier should bring the signed form, latest end of month Leave and Earnings Statement, military ID card, and all documentation supporting the request for assistance (such as leave form, rental agreement, written estimate of car repairs, utility bill) to the AER office. No appointment is necessary and 95 percent of all AER requests for assistance are completed the same day.

Every AER request is personal and considered on its own merit.

Any emergency must have originated from other than the Soldier's

Army retirees needing AER assistance should bring all documentation supporting their request for assistance and their military ID card to the AER office. Retiree's will fill out the application for assistance in the AER office.

Types of assistance

• The majority of AER assistance is provided in the form of an interest free loan with repayment of these loans helping to fund future assistance.

• Under extreme circumstances, assistance may be given as a grant.

(Grants are not given for routine expenses that suddenly become a problem or provided simply because a Soldier has a monthly deficit and cannot repay a loan. Grants are never given for expenses that will be reimbursed by other sources such as insurance companies or the government).

AER's record of assistance

Since it was established in 1942, AER has helped more than 3 million Soldiers and Family members with more than \$992 million. n 2006 AER assisted 50,000 Army people with more than \$49 million.

building 2754, room 201. The form is For more information contact the AER officer Marge Fissel, 278-2508, or visit the AER Web site www. aerhq.org.

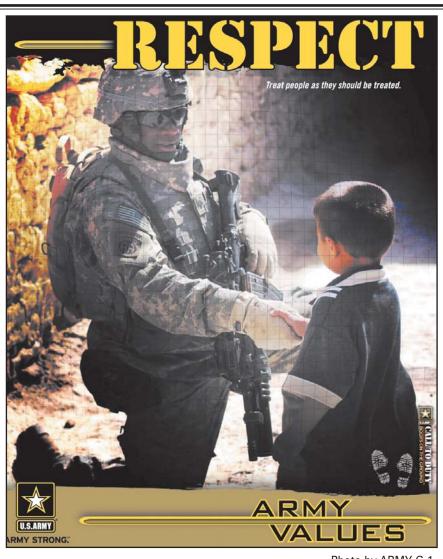


Photo by ARMY G-1

The Army recently issued new versions of the Army Values poster series. APG News will feature the remaining Army Values posters in future issues

Respect. Treat people as they should be treated. This is the same as do unto others as you would have done unto you.

Watch card

Report any suspicious activity immediately to the APG Police:

Aberdeen Area, 410-306-2222, 4-2222 Edgewood Area, 410-436-2222, 5-2222

Off post in Maryland, 1-800-492-TIPS (8477) or call 911.

Your call may save lives. *Note - Do not carry this card when traveling outside of the United States.*

Seven to be inducted into Ordnance Corps Hall of Fame

Story by
ANDRICKA THOMAS

The Chief of Ordnance has announced the selection of seven individuals for induction into the Ordnance Corps Hall of Fame.

Brig. Gen. Rebecca S. Halstead, chief of Ordnance and commanding general of the U.S. Army Ordnance Center and Schools, will honor inductees at an Induction Ceremony May 10 at the Ordnance Museum.

Inductees selected include Maj. Gen. Dennis K. Jackson, Brig. Gen. Randolph T. Poore, Lt. Col. Karl L. Zilske, Chief Warrant Officer 5 Carl E. Beckwith, Command Sgt. Maj. Lorenzo G. Alejo, Command Sgt. Maj. Preston L. Siple, and Floyd I. Abel.

HISTORICAL INDUCTEES

Lt. Col. Karl L. Zilske

Zilske enlisted in the Medical Service Corps in 1941, attaining the rank of staff sergeant and serving as acting first sergeant in the 30th Veterinary General Hospital. In 1942, he began his career as an ordnance officer. He graduated from the Bomb Disposal School at Aberdeen Proving Ground in 1943 to serve in Hawaii with the 232nd Bomb Disposal Company. While there, he cleared duds from training ranges and disposed of dynamite-filled land mines that had become unstable.

Zilske was honored with a Bronze Star in Saipan while commander of the 97th Bomb Disposal Company, for devising a modified fuse that allowed aircraft to drop depth charges on land targets, thus alleviating a bomb shortage.

After being discharged in 1946 as a captain, he returned to the Army in 1948 serving with the Research and Analysis Branch of the Ordnance School at APG.

In 1958, he was part of a special team called the Temporary Equipment Recovery Mission charged with recovering \$700 million of U.S. military equipment left behind by the French when they left Vietnam. Zilske spent much of his time advising the fledgling army of South Vietnam on ammunition operations and procedures for dealing with booby traps.

Upon his return to the United States, Zilske worked with the Ordnance Ammunition Command. In his final tour of duty from 1961 to 1964, he served as commander of the Louisiana Army Ammunition Plant. Zilske died in 1975.

Floyd I. Abel

Abel graduated from Ohio State University in 1939 with a degree in mechanical engineering. His civilian career at the Ordnance Department, as an inspector of ordnance material, was put on hold in 1942 when he accepted a commission to serve as the chief of the Artillery Maintenance Engineering Branch during World War II.

After a year in Germany, investigating artillery malfunction reports, Abel redeployed in 1944 as the chief of the Artillery Branch, Rock Island Arsenal Field Services Sub-Office. Abel was responsible throughout his tenure at Rock Island for ensuring that maintainability was considered in weapons design; developing maintenance procedures, tools and publications for weapons systems; managing depot rebuild programs and for investigating malfunction reports.

In 1957, he developed a checklist of preventative maintenance indicators that allowed commanders to quickly assess the condition of their weapons systems and their units' maintenance readiness. Abel also created the first Maintenance Operations Procedures Shop to test maintenance procedures prior to publishing maintenance manuals, to assist in equipment malfunction investigations and to develop Test, Measurement, and Diagnostic Equipment.

In 1960, he trained and dispatched maintenance customer assistance teams to train U.S. and allied units and equipment operators in the maintenance of their weapons systems. He also developed the Organizational Operation Log for units to record the data, number and type of rounds

Historical Inductees







Floyd I. Abel



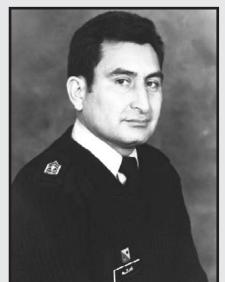
Maj. Gen. Dennis K. Jackson



Brig. Gen. Randolph T. Poore



Chief Warrant Officer 5
Carl E. Beckwith



Command Sgt. Maj. Lorenzo G. Alejo



Command Sgt. Maj. Preston L. Siple

fired from artillery and tank main gun tubes, thus tracking wear and allowing for planning of maintenance and tube replacement.

Abel played a key role in maintenance planning, in automating depot maintenance management systems, and in developing maintenance procedures and manuals for a host of new weapons systems, to include the M16 rifle, the M60 tank and the M551 Sheridan.

Abel retired in 1972 after 33 years of dedicated military and civilian service. He died in 1978.

CONTEMPORARY INDUCTEES

Maj. Gen. Dennis K. Jackson

Jackson graduated from the University of Wyoming in 1968 with an Army commission through the Reserve Officers Training Corps and was assigned to the 1st Armored Division in Germany from 1969 to 1971.

He served in South Vietnam as a supply officer and then detachment support officer for the 571st Military Intelligence Detachment. Jackson returned to the United States in 1973 to serve with OC&S Headquarters Company.

After multiple assignments from Fort Hood to Panama, Germany and Korea, Jackson returned to the Home of Ordnance to serve as the 30th chief of Ordnance. While at APG, Jackson initiated a series of military occupational specialty restructurings. He also reduced repair cycle times, in some cases by 50 percent, and promoted development of the Equipment Downtime Analyzer, a valuable diagnostic tool for field maintenance.

As director for Logistics, J-4, U.S. Central Command, from 2000 to 2003, Jackson was instrumental in focusing logistics support for Operation Enduring Freedom in Afghanistan while building up the logistics infrastructure in preparation for the invasion of Iraq. He managed \$8 billion in support of more than 390,000 military personnel.

Jackson retired in January 2004 after more than 35 years of service.

Brig. Gen. Randolph T. Poore

Poore was commissioned in 1966 upon graduation from the ROTC program at Washington and Lee University.

After serving with the 6/562nd Artillery in Germany, he began his

career as an ordnance officer with the 708th Maintenance Battalion, 8th Infantry Division as a shop officer and then as company commander, where he won an award for the best maintenance company in the V Corps.

Poore served in the 173rd Airborne Brigade from 1969 to 1971 where he maintained the best equipment readiness rate of any major unit in Vietnam. While serving as the assistant Army G-4, he was responsible for establishing the logistics operations center for the Cuban Resettlement Operation in Pennsylvania. Poore returned to Germany in 1980 as an operations officer and later the chief of the Maintenance Division of the Berlin Brigade managing both military and German nationals. In 1986, Poore became the chief of the Ordnance Officer Assignment Branch at the U.S. Army Military Personnel Center, managing the assignments of more than 4,000 ordnance officers. In 1987 he took command of the 7th Infantry Division's Support Command at Fort Ord, Calif., where his team flawlessly executed rapid-deployment training exercises to Honduras and Panama. As assistant commandant of OC&S. Poore initiated the movement of Ordnance training from Fort Belvoir, Va., to APG; planned and executed a major school reorganization; and integrated the Army's new battle-focused training management system into the School's professional development course.

Poore passed away unexpectedly in 1991 after 25 years of distinguished service.

Chief Warrant Officer 5 Carl E. Beckwith

Beckwith joined the Army in 1956 as an enlisted Soldier and joined the ranks of warrant officer in 1968. After returning from Vietnam in 1970, he served as a maintenance technician for the 3/71st Air Defense Artillery Battalion in Germany until 1976. In this nuclear-capable unit, he mastered convoy operations and special weapons handling, receiving top marks on all technical proficiency inspections. In 1980, Beckwith was stationed at Fort Bragg, N.C., with the 548th Engineer Battalion. Although unfamiliar with the equipment, he quickly applied his vast knowledge of maintenance operations to dramatically improve the readiness posture of the Battalion.

From 1982 to 1983 he was assigned to the 520th Maintenance Company

in Korea, where he designed and built a tool room and battery repair shop.

While assigned to the 82nd Airborne Division's Support Command, Beckwith aggressively supported the division's 121 customers, served as project officer for the transfer of LAV-25 armored vehicles from the Marines to the 3/73rd Armor, and put the division's automated maintenance management system on an efficient footing.

Deploying with the division for Operations Desert Shield/Storm, he solved critical repair parts shortages through cross-leveling, identified problems with fuel injector systems in the wheeled vehicle fleet and coordinated a modification program for the division's aging M551 Sheridan.

Beckwith retired in 1995 after 39 years of dedicated service; he died two months after retiring.

Command Sgt. Maj. Lorenzo G. Alejo

Alejo joined the Army in 1967 and went directly to South Vietnam in 1968. He served with the 136th Light Maintenance Company's Artillery Support Team at the height of the TET offensive. His expertise in vehicle recovery operations allowed him to save the lives of two Soldiers pinned under an armored personnel carrier. After tours to New Mexico, Korea and APG, he went to Schweinfurt, Germany, to serve as battalion motor sergeant for the 2/64th Armor, where he instituted a maintenance training program, improved parts requisitioning procedures, and enhanced maintenance troubleshooting.

Later, Alejo became the sergeant major in the Directorate of Logistics, 543rd Area Support Group, responsible for coordinating supply, maintenance, transportation, and logistical services for Norddeutschland Military Community.

Returning to Fort Dix in 1987, he served as command sergeant major of the 36th Transportation Battalion, where he was responsible for training more than 5,000 Soldiers a year as wheeled vehicle operators. He coordinated with installation agencies to ensure the safe and expeditious movement of as many as 630 wheeled vehicles a day between the unit's motorpools and the driving ranges.

Alejo retired in 1989, but did not end his service to the Army and Ordnance Corps.

Since retirement, Alejo has been the S-4 for the 61st Ordnance Brigade at APG, supervising 60 military and civilian personnel, providing organizational and direct support maintenance managing more than 100 facilities and maintaining a \$385 million property book.

He has amassed 39 years of dedicated military and civilian service.

Command Sgt. Maj. Preston L. Siple

Siple joined the Army in 1970, left the Army in 1973, but rejoined in 1975 as an ammunition specialist serving in a variety of positions.

While in Germany, he began his long association with the 59th Ordnance Brigade. Ultimately, Siple was selected to be the brigade command sergeant major. He played a key role in the retrograde of special weapons from Europe and ensured that all the brigades' special weapons technicians were reclassified and reassigned before the brigade's inactivation in 1992.

As the commandant of the Ordnance Missile and Munitions Center and School's Noncommissioned Officer Academy, he led the school through its accreditation inspection with no deficiencies noted. Based on this outstanding performance, he was transferred to the U.S. Army Ordnance Center and School's NCO Academy at APG in 1993 where he repeated his achievement, gaining recognition from the U.S. Army Training and Doctrine Command.

In 1994, Siple was chosen to be the command sergeant major of the 61st Ordnance Brigade at APG and then served as the command sergeant major of the reactivated 59th Ordnance Brigade at Redstone Arsenal—making him the only sergeant major to command both ordnance noncommissioned officer academies and both ordnance training brigades.

He rounded out 30 years of service with an assignment as command sergeant major of the 191st Ordnance Battalion (Ammunition) in Germany, conducting support missions in Albania, Bosnia and Kosovo.

Siple retired in 2002 but continues to serve the Army and Ordnance Corps as the operations officer in the Storage and Distribution Division of the Sierra Army Depot.

APGINEWS

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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit

factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source

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For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, IMNE-APG-PA, APG, MD

21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.

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Highly preventable oral disease affects millions

Academy of General Dentistry

The statistics are staggering. According to the Centers for Disease Control and Prevention, more than four million children are affected by tooth decay nationwide, a jump of over 600,000 additional preschoolers over the course of a decade. Senior citizens, those with diets high in carbohydrates and people who live in areas without a fluoridated water supply are also likely candidates for cavities.

Tooth decay is also known as caries or cavities. The natural bacteria that live in the mouth form plaque, which interacts with deposits left on teeth from sugary or starchy foods and produce acids. These acids damage tooth enamel over time by dissolving it, which weakens the teeth and leads to tooth decay.

"Surprisingly, it can take as little as twenty to thirty seconds for bacteria to take hold and erode the enamel,"

said Howard S. Glazer, Doctor or Dentistry, Fellow in the Academy of General Dentistry and AGD spokesperson.

If a consumer suspects he or she has a cavity, it is important to visit a general dentist right away.

"If a cavity is left untreated," Glazer warns, "it can result in pain, the tooth can decay down to the pulp, which will result in a root canal, and/or the tooth might even need to be extracted."

Preventing, treating tooth decay

- Take children to see a general dentist by 12 months of age.
- Cut down on sugary and starchy foods, as they put teeth at risk.
- See a general dentist every six months for checkups and professional cleanings.
- Brush and floss daily. Cavities often begin in the hard-to-clean areas.





CPAC meeting the challenges of NSPS

Story by
SUZANNE SCHULTZ

The Civilian Personnel Advisory Center has been training the National Security Personnel System at home and on the road since August 2006, training more than 1,916 employees and 582 supervisors in Spirals 1.2 and 1.3. There were 76 training sessions and an additional 19 classes for Acquisition Demonstration employees.

The most recent groups to "spiral" in are the U.S. Army Garrison Aberdeen Proving Ground, the U.S. Army Ordnance Center and Schools and U.S. Army Materiel Systems Analysis Activity.

Instructors from the CPAC have taught executive sessions at Head-quarters, Department of the Army, and trained supervisors and employees from the Corps of Engineers in Baltimore, the U.S. Army Center for Health Promotion and Preventive

Medicine at Fort Meade, and various activities at Fort Belvoir, Va.

While these trainers were busy in the classroom, their fellow team members were pitching in to keep things moving at the office.

The Herculean task of coordinating the logistics of arranging for classrooms, setting up schedules and instructors, creating attendance rosters, getting materials printed and delivered to the correct place fell on Debbi Yonce. She met the challenge and saw to it that the people and the materials were in the right place at the right time. Without her oversight, the task at hand could not have been accomplished.

Employees have been extremely uncertain about the new system and the demise of the familiar General Schedule system. Many shared the concern expressed by one attendee who stated, "Whenever the federal government makes a change, it's not usually good for the people."

While the concept of pay-forperformance sounds intriguing, employees were extremely anxious to hear how the new system would work.

"It was nice to be able to express some of our fears about the new system, especially that things would be the same as the old GS system," noted one employee.

For most, NSPS was totally unlike anything they had experienced before and many weren't sure they wanted to see the old system replaced. But, once the trainers at the CPAC began teaching and explaining how the new system would work, many people began to feel differently about NSPS or at least felt they understood it much better.

As one attendee wrote in an evaluation, "[I] came to the course with very little knowledge of NSPS...learned a lot in two days. Kudos to both instructors. They took a complicated, large system and broke it down to manage-

While the concept of pay-for- able and easy to understand topics."

All of the human resource specialists in the CPAC had the opportunity to present training. Not all of the specialists were thrilled to be up in front of an audience, but they rallied to the task.

"It was presented in an extremely professional and informative manner," commented one employee. "Instructors were able to keep the interest/students attentive in what may have been a very dry topic."

As for the instructors themselves, Karen Kormelink, who taught both supervisor and employee classes on post and off, said "One of the most challenging parts of teaching was sometimes the antagonistic questions and comments. But, most of those came from a lack of understanding of the system."

She also noted the commonality of the questions throughout the classes whether at APG or Fort Belvoir.

"After several classes, I was able to anticipate the questions that would

arise," Kormelink said.

She also noted the value of teaching both supervisor and employee classes in that she could offer insight to each side from what she had gained from listening to the opposing view in a previous class.

"It helped supervisors know what their employees were thinking and allowed employees to gain a perspective from their supervisors that may not have been verbalized to them directly," Kormelink said.

Now the instructors have a season of teaching under their belts and they're ready to meet the next challenge. Already some CPAC employees are taking Pay Pool training and will begin teaching that to pay pool panel members in the organizations that already have spiraled in to NSPS. Soon Spiral 2 will begin, and the NSPS training will start once again.

The CPAC instructors hope that attendees will again say the training "exceeded my expectations."

Office of the Staff Judge Advocate at http://www.apg.army.mil/apghome/sites/installation/Staff Judge/index.html

Commentary--Understanding Magistrate Court on APG

CAPT STEPHEN **ARTYMOWICZ** OSJA

The popular, yet tired cliché "Don't make a federal case out of this" was a familiar saying while I was growing up. After all, it originated in the United States and refers to someone overreacting to a relatively minor situation as if it were a large problem or a very bad situation.

This cliché is often used in jest to illustrate an absurd situation, such as "somebody making something out of nothing," which, of course, is another overused cliché.

However, if somebody breaks the law while on Aberdeen Proving Ground, the person's "large problem" or "very bad situation" quite literally becomes a federal case. This is due to APG's unique status as having federal jurisdiction over criminal offenses committed on the installation.

A person who violates the law while on APG, anything from a minor traffic offense to a more serious crime, may end up in United States Magistrate Court before a federal magistrate judge.

What is United States Magistrate Court? Magistrate Court is the lowest level federal court authorized to adjudicate traffic violations and certain criminal offenses. Therefore, a person who breaks the law on APG

will have his or her case pro- alcohol or drugs. cessed in federal court, thus literally making it a "federal case.'

Magistrate Court has jurisdiction to handle criminal cases in which the charged offense carries a maximum penalty of incarceration not to exceed one year. If a person commits a criminal offense on APG that carries a larger maximum incarceration limit, the case will be processed in United States District Court in Baltimore.

It should be noted that all of the crimes enforceable outside of APG are likewise enforceable if the crime is committed on APG. For example, the Maryland traffic code is enforceable on APG, which includes all offenses related to driving under the influence of

Unfortunately, there is no shortage of Magistrate Court cases being processed on APG. Approximately twice per month, a United States Magistrate Judge visits APG and holds court to process a large volume of cases. The docket includes a wide variety of cases ranging from traffic violations to drug cases to DUI cases. All cases are federal cases, and, if the defendant is convicted, carry the stigma of a federal criminal conviction.

The APG police officers are charged with enforcing the laws of the United States and the law of the state of Maryland. The APG Garrison Office of the Staff Judge Advocate is responsible for prosecuting individuals charged with committing criminal offenses on

the installation. These prosecutions are conducted before a United States Magistrate Judge in United States Magistrate Court twice per month at the APG Courthouse located in building 2043. Since these are not considered "military" cases, individuals appearing before Magistrate's Court are not entitled to be represented by a defense attorney from the U.S. Army Trial Defense attorney, though they may hire civilian counsel at their own expense.

For more information concerning magistrate court on APG, call the garrison OSJA, 410-278-1581.

(Editor's note: Artymowicz is the chief of Military Justice on APG and has been certified as a Magistrate Court prosecutor by the U.S. Attorney's Office.)

TTENTION ALL SOLDIERS

Soldiers charged and found guilty of a crime, could face confinement, loss of rank and discharge from the Army.

The APG Trial Defense Service office handles all types of military criminal matters, including felonies, misdemeanors and summary offenses against Soldiers.

Any Soldiers questioned by their chain

of command or the police, advised of their rights or apprehended, should immediately request to speak to an attorney. With so much at stake, it is important to contact an attorney as soon as possible to protect a Soldier's rights and liberty.

Until given the opportunity to consult with an attorney, remember the "4 No's:"

Waiver of rights Statements (oral or written) Polygraphs Consent to be searched

For more information regarding these issues, or a Soldier's rights involving a military criminal matter, call the APG Trial Defense Service office, 410-278-2156 or DSN 298-2156.

excellent. Angela is not afraid

to say what needs to be said.

She's not afraid to tell her

story and show others they are

about Shelton and her con-

tinuing efforts to raise

For more information

not alone."

From front page

therapy, left their abusers and moved on to lead successful lives.

"My goal was to make a movie that would inspire women to unite," Shelton said. "I wanted them to know when they're not alone."

Her efforts have made many other survivors break the silence. She said that after she appeared on the Oprah Winfrey show, she received more than 50,000 e-mails from women and men who had been sexually abused.

During the ACS event, Shelton offered several "healing techniques" she has shared appreciation for Shelton and with survivors.

One of them was every time someone started to think a negative thought about himself or herself, he or she should think of the polar opposite or a positive thought.

Another method she offered to attendees was to roll up their car windows, turn up a cheesy love song, sing along and picture themselves as the subject.

Shelton also compared overcoming experiences of sexual abuse, assault or domestic violence as removing a sword.

"[The healing process involves] a lot of tears and a lot of pain...but removing a sword from your body is a lot of tears and a lot of pain," she said. "When you do remove it and you have a great gaping wound, when that heals, it tells a great story."

the "sword" or strength to ters Company 61st Ordnance accomplish their goals in life, Brigade, said, "The film was she said.

"Sexual abuse is an epidemic," Shelton said. "If we all get better, we're going to break the cycle."

Fernandez, an organizer of the event, said, "An Evening with Angela Shelton at [Aberdeen Proving Ground] was a success. Angela Shelton's personal journey against sexual abuse was well received by the entire audience.

Most of the participants made it a point to thank the [Army Community Service] staff for organizing the event and giving such significant importance to the topic of sexual abuse."

The attendees showed her film.

Karilynn Bottcher, a counselor for the Maryland Freestate ChalleNGe Academy brought some students to the event.

"I wanted to bring female cadets because so many teenagers don't share their stories because they're afraid," Bottcher said. "I wanted them to know from this event that it is okay to let their stories out."

"I went through a lot when I was little," said a Maryland Freestate ChalleNGe Academy student. "I'd like to tell my dad and my brother what they did to me [just like Angela did with her father.] She is so positive and her film shows that you can make it through hard times."

Cpt. Hannah Heisman, instructor/writer with the Then the survivors can use Headquarters and Headquarawareness, visit angelashelton.com. To see the film, visit www.searchingforangelashelton.com.

Victims of abuse can contact Fernandez at 410-278-2435.

Victims can also call Sexual Abuse/Spouce Abuse Resource Center Inc.'s 24-hour Helpline, Bel Air, 410-836-8430.

Post Shorts

May 14 through 18, flushing will include Plumb Point Loop and blocks 5000 and

May 21 through June 8, flushing will include Spesutie Island, the U.S. Army Research Laboratory area and all restricted areas.

For more information, call Dennis Overbay, 410-652-0862 or the City of Aberdeen representative, Curtis Ball, 410-278-2335.

WACVA meets May 5

Maryland Freestate Chapter 70 of the Women's Army Corps Veterans Association will meet in the Aberdeen Senior Center 11 a.m., May 5. The group focuses on community service projects regarding the needs of fellow female veterans and service members. Membership is open to women who have served or are serving in the Army (active, Reserve and National Guard); and to all other services as affiliate members. Refreshments will be served and lunch follows for those interested.

For more information, call 410-939-1429; visit Web site www. wacveteranschapter 70.org, or write WAC Chapter 70, P.O. Box 423, Aberdeen, MD 21001.

Blue Cross visits APG

The APG Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit 9 to 11:30 a.m., May 8, in building 305, room 236, and 12:30 to 1:30 p.m. in building E-4811 (Seminar Area of Conference Center) to discuss claim problems and plan coverage. No appointment is necessary.

For more information, call Teri Wright, Civilian Personnel Advisory Center, 410-278-4331.

APG holds Armed **Forces Day 10K run**

Aberdeen Proving Ground and Morale, Welfare and Recreation will host the Armed Forces Day 10K Run, 8 a.m., May 19.

The race is open to anyone, military or civilian. Applications can be picked up from the APG North Recreation Center, building 3326; APG athletic and fitness centers; Hoyle Gym and other MWR outlets or

online at www.apgmwr.com or www.charmcity.com.

Entry fees are \$20 through May 4; \$25 through May 18 and \$30 race day. There is a \$5 discount for active duty military and privates (E-1) through Pfc. (E-3) are free.

Runners will receive a 10K Run T-shirt, and water will be provided on the course and at the finish line.

For more information, contact Ralph Cuomo, MWR sports director, 410-278-3812. or e-mail ralph.cuomo@apg.army.mil.

Asian Pacific Specialty Meal May 15

The Asian Pacific Specialty Meal will be held May 15 in the APG North dining facilities, buildings 4503 and 4219 and the APG South dining facility, building E-4225, 5:30 to 7 p.m. During this event all military personnel, Family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$3.65 applies to any officer, enlisted member, and Family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$3.15 applies to spouses and other Family members of enlisted personnel in ranks private through specialist/corporal.

The Asian Pacific Specialty Meal Menu includes: egg drop soup, egg rolls, Cantonese style pork ribs, Asian grilled chicken, Korean style beef bulgogi, coconut fried shrimp, fried rice, steamed white rice, stir fried vegetables, steamed broccoli, cucumber kimchi, sesame green bean salad, salad bar with assorted toppings, coconut bread pudding, fortune cookies, banana cake with cashews, hot rolls with sesame seed oil, assorted breads, soft serve ice cream with assorted toppings, assorted condiments and assorted beverages.

Note: Menu is subject to change without prior notification. For more information, call Edward Parylo or Ernest Green, 410-306-1393/1398.

FEW accepting scholarship applications

The Federally Employed Women Foundation's Scholarship Program was established to assist its members and their immediate families who are looking to further their academic goals. The scholarship is for one full four year-scholarship in the science and technology career fields with

Movies

ADMISSION: ADULTS \$3.50, CHILDREN 1.75 Building 3245 Aberdeen Boulevard To verify listing, call 410-272-9008, or visit www.aafes.com and click on "Movie Listing."

THE LAST MIMZY

Friday, May 4, 7 p.m. Starring: Rhiannon Leigh Wryn, Rainn Wilson Two children discover a mys-

terious box that contains some strange devices they think are toys. As the children play with these "toys," they begin to display higher and higher intelligence levels. Their teacher tells their parents that they seem to have grown beyond genius. Their parents, too, realize something extraordinary is happening. Emma, the younger of the two, tells her confused mother that one of the toys, a beat-up stuffed toy rabbit, is named Mimzy and that "she teaches me things." (Rated PG)

TEENAGE MUTUANT NINJA TURTLES (FREE ADMISSION)

Saturday, May 5, 7 p.m. Starring: Patrick Stewart, Sarah Michelle Gellar

After the defeat of their old arch nemesis, The Shredder, the Turtles have grown apart as a family. Struggling to keep them together, their rat sensei, Master Splinter, becomes worried when strange things begin to

brew in New York City. Techindustrialist Max Winters is amassing an army of ancient monsters to apparently take over the world. And only one super-ninja fighting team can stop them-those heroes in a half shell--Leonardo, Michelangelo, Donatello and Raphael. (Rated PG)

PRIDE

Saturday, May 5, 9 p.m. Starring: Terrence Howard, Bernie Mac

The year is 1973, and Jim Ellis, a college-educated African-American, can't find a job. Driven by his love of competitive swimming, Ellis converts an abandoned recreational pool hall in a Philadelphia slum with the help of Elston, a local janitor. But when city officials mark the new Philadelphia Department of Recreation for demolition, Ellis fights back by starting the city's first African-American swim team. Recruiting troubled teens from the streets, Ellis struggles to transform a motley team of novices into capable swimmers--all in time for the upcoming state championships. (Rated PG)

Grantham University (www. grantham.edu/few.htm), a 100 percent online university based in Kansas City, Mo. The scholarship includes all books and software for the completely online academic program.

For applications and additional information, visit www. fewfoundation.org.

Deadline for applications is June 1.

For more information, contact Patricia Wolfe, 202-447-5573 or e-mail wolfepatriciam@aol.com or Connie Stenlund, csflowerboutique@yahoo.com.

Mandatory Sexual Harassment training

Sexual Harassment training for May 25 for a training holiday appropriated and non-appropriated fund supervisors and all other civilian employees serviced by the U.S. Army Garrison, **Equal Employment Opportunity** Office will be held at the APG South Conference Center, building E-4810, June 6.

Supervisor training is sched-

uled 8 to 10 a.m. Employee training is scheduled 11 a.m., 1 and 3 p.m.

Request for sign language interpreter must be coordinated through Roxanne Conley, 410-278-1100.

The training schedule is also available on the APG Garrison Intranet Homepage and the EEO Office Web site. For more information, call Neslie Etheridge or Roxanne Conley, EEO Office, 410-278-1131/1100.

Veterinary Clinic closings

The APG Veterinary Treatment Facility will be closed June 1 for end of month inventory. The biennial Prevention of The clinic also will be closed and May 28 for Memorial Day.

Formore information, contact the VTF, 410-278-3911/4604.

Reunion for McNair Kaserne Signal **Battalions**

The first Reunion of the 32nd, 201st and 17th Signal battalions of McNair Kaserne of Hoechst, Germany, will be held June 15 to 17, at the Holiday Inn at the Plaza located on One East 45th Street, Kansas City, Mo. All veterans, Family and friends are invited to attend.

For more information or to register, call Rhonda Gunn ('77 to '80), 847-458-8346, or e-mail rhondag0464@yahoo. com or rgunn@cmn-law.com; or call Doug Otoupal ('76 to '79), 432-426-2644 or e-mail doug@otoupal.org.

(Editors Note: More Shorts can be seen at www.apgnews. apg.army.mil under Shorts.)

Community Notes

FRIDAY AND SATURDAY **MAY 4 AND 5 WHO'S AWAKE AT NIGHT?**

Spend the night at the Estuary Center beginning with dinner and ending with breakfast the next morning. Events include a hike, building a campfire, movies and games. Bring a sleeping bag, pi's, toiletries, favorite stuffed animal (if participant has one) and a riddle. The program will be held 5 to 9:30 p.m. for ages 9 to 12. Cost is \$25, and registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center. call 410-612-1688 or 410-879-2000, extension 1688

SATURDAY

MAY 5 **UNITY INTHE COMMUNITY FUN RUN/WALK**

The fifth semi-annual Unity in the Community day begins this year with the 1st Inaugural 10k Fun Run/Walk 7 to 11 a.m. May 5 starting at Festival Park, between Franklin and Parke Streets. Sponsored by True Joy Ministries, the goal is to promote health and fitness as well as harmony among fellow citizens.

Groups as well as individuals, ages 10 and older, may participate. Military units are encouraged to bring guidons and show their military pride.

Early registration is thru April 28, late registration is April 29. A registration fee of \$15 includes a free T-shirt. Awards will be presented to the top male and female finishers in each category.

For more information, or to register, pick up a run/walk packet, available noon to 4 p.m., May 4, at True Joy Ministries, 200 North Philadelphia Boulevard, Suite 1, Aberdeen, MD 21001; visit truejoyministries@aol.com; or call 410-937-4051 or 410-273-9715.

Aherdeen The Ground chapel's youth ministry will hold a bake sale from noon to 5 p.m. For more information, call Deneen Henson, 410-273-2017.

BIRDING BY BOAT

Join Birder Phil Powers on a mid-day search for the beautiful marsh birds of Otter Point Creek from 11:30 a.m. to 1 p.m. for ages 10 to adult, under 13 with an adult. Cost is \$6, ages 13 and under is \$4. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, extension 1688.

WEE WONDERS ABOUT INSECTS

Creepy Crawlers are awake from a long winter's sleep. Participants will go on a bug hunt and learn a silly song. The program will be held 3 to 4 p.m., for ages up to 4. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, extension 1688.

JOIN HANDS DAY

Join Hands Day will be held nationwide as a day to make a difference in communities through helpful projects that connect youths and adults. Join Hands Day allows par-

ticipating groups the opportunity for nationwide recognition and gives fraternal benefit societies and volunteer organizations the opportunity to outreach to their community, connect generations and develop new relationships.

Participants in Harford County include Steppingstone Farm Museum, the Concord Point Lighthouse of Havre de Grace; Bel Air United Methodist Church, Anita C. Leight Estuary Center, Abingdon; and the Harford Habitat for Humanity.

For more information or to schedule a center as a Join Hands Day partner, call Barbara Heckner, Harford County Department of Community Services' Volunteer Connection and RSVP, 410-638-4444 or e-mail bhheckner@ harfordcountymd.gov.

SUNDAY MAY 6 **AUXILIARY 5337 OFFERS SUNDAY**

BREAKFAST

The Ladies Auxiliary of Harford County Memorial VFW Post 5337, 3705 Pulaski Highway in Abingdon will host Sunday Breakfast, 8 to 11 a.m. The cost is \$6 and includes choice of eggs, omelets, sausage, bacon, pancakes, French toast sticks, home fries, grits, cold cereal, fresh fruit, coffee, juice or milk. Proceeds to benefit VFW programs.

For more information, call 410-676-4456.

PIX OR POETRY **PONTOON**

Treat mom to an early Mother's Day gift with a cruise on the creek. Photos will be taken or pen a poem to mom. Make a frame from the masterpiece at the picnic tables. This event will be held 12:30 to 3 p.m., for ages 5 to adult. Cost is \$6 per person, \$4 for ages 13 and under. There is an additional materials fee of \$5. Registration is required.

For more information, to register or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410- For more information or to 879-2000, extension 1688.

NATURE TAILS

Explore nature through a story. Listen to a tale about an animal or a habitat. Story time may include meeting a live critter, a simple craft or acting out the story. This program begins at 1 p.m. Nature Tales is free for all ages, no registration is required.

For more information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, extension 1688.

FACING THE GIANTS FAMILY FILM

The Edgewood Assembly of God, located on 803 Edgewood Road, will present "Facing the Giants," a Family film for all ages, 6:30 p.m. Admission is free. Refreshments are available for a donation.

For more information, call 410-676-4455.

MONDAY MAY 7 **MEETING OF GUNPOWDER TOASTMASTERS**

Gunpowder Toastmasters Club 2562 will hold its regular meeting at the Gunpowder Club at Aberdeen Proving Ground South at 11:40 a.m. and last about an hour.

The club is open to anyone on or off post who wants to improve their communication, leadership and listening skills and overcome the fear of speaking in public. Lunch will be available. For more information, call Kolod-

WEDNESDAY

ny, 410-734-6573.

MAY 9 WEDNESDAY WEE WONDERS III

Celebrate spring by joining the naturalist and her wee one for stories, songs, live animals and outdoor exploration. The program will be held 10 to 11 a.m., for ages 0 to 4 and is free. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, extension 1688.

THURSDAY, FRIDAY, **SATURDAY**

MAY 10, 11,12 **34TH ANNUAL EAST COAST RALLY**

The Washington Area Collectors/Blue and Gray Military Vehicle Trust will host the 34th Annual East Coast Military Vehicle Rally, 8 a.m. to 5 p.m. at Ripken Stadium. Admission is free.

For more information, visit http://www.wacbgmvt. org/ecr/, e-mail EastCoast Rally@wacbgmvt.org or call 1-800-730-6621.

SUNDAY

MAY 13 MOTHER'S DAY BRUNCH CRUISE

The Chesapeake Heritage Conservancy is accepting reservations for a Mother's Day Brunch cruise aboard the Skipjack Martha Lewis. There will be two sailings: A Mother's Day Brunch will depart at 11 a.m. and a Mother's Day Tea will depart at 1

Cost of the cruise is \$30 per adult and \$15 for children ages 10 and under. Prepaid reservations are required.

make reservations, call 410-939-4078 or e-mail director@ skipiackmarthalewis.org.

FRIDAY

MAY 18 ALPHA KAPPA ALPHA SORORITY IVY BALL

Xi Delta Omega Chapter, Alpha Kappa Alpha Sorority, Inc. will sponsor its 9th Annual Ivy Ball, 8:30 p.m. to 1 a.m., at the Richlin Ballroom, located on 1700 van Bibber Road, Edgewood, with music and door prizes.

Admission is a \$50 donation per person. Proceeds will benefit the scholarship fund and community service programs.

For more information, call 410-939-5368.

RIDEYOUR BIKETO WORK DAY

Harford County will sponsor the fifth Ride Your Bike to Work Day Rally, 7 to 9 a.m. at 220 South Main Street, Bel Air, on May 18. With attitudes changing toward a cleaner environment, and gasoline prices surging to an average of \$3 per gallon, this event promotes a "clean commute" and other clean commuting choices in the Commuter Choice Village. May has been designated as Clean Commute Month."

Registered bike riders will gather under the tent at the Harford County Administration building, 220 South Main, and participate in a kick-off parade followed by a reception and light refreshments.

There will be prizes and giveaways available and musical entertainment will be provided. Harford Transit will give away roundtrip MARC train tickets and bus passes, and participants will receive a signature Bike to Work 2007 T-shirt.

For more information, e-mail Will Doane at wvdoane@ harfordcountymd.gov.

SUNDAY

MAY 27 HARFORD GLOBAL **DAY OF PRAYER**

The Global Day of Prayer for Harford County will be held 6 to 8 p.m. (Pentecost Sunday), at the intersection of Trimble and Willoughby Beach roads in Edgewood. For more information, call Ed Ducote, 410-236-2092, email edducote@verizon.net, or visit Web site www.Harfordgdop.org.

SATURDAY

JUNE 9 'BAR-B-QUE CHALLENGE' AND BAKING CONTEST

Calling all cooks and bakers. A 'Bar-b-que Challenge and Baking Contest' will be held 1 to 4 p.m., at the Episcopal Church of the Resurrection located on Rumsey Island, Joppatowne.

Cooking will take place 7 to 11:45 a.m.; judging will be held at noon. Barbeque can be either a meat or nonmeat entry.

Cost of admission to this event is \$5 and includes a sample of the entrees. Cost of registration for the 'Bar-bque Challenge' is \$10. Cost of registration for the Baking Contest is \$3. Deadline for entries is May 12.

For more information or to register, call Beverly, 410-679-5394 or 443-846-1017.

(Editors Note: More calendar events can be seen at www. apgnews.apg.army.mil under Community Notes.)



MORALE, WELFARE & RECREATION

Activities/Events

Amusement and Travel Expo

Everyone is invited to attend the MWR Leisure Travel Services Amusement and Travel Expo, 11 a.m. to 1:30 p.m., May 10, at Top of the Bay. Check out cruise packages, vacation destinations and amusement park specials. Local and national amusement and travel vendors will be available. Door prizes will be awarded.

For more information, call 410-278-4907/4011 or e-mail mwr_registration@ apg.army.mil.

Mother's Day Dinner

Treat mom to a nice dinner without the cleanup. Top of the Bay will serve a Mother's Day Dinner, 5 to 8 p.m., May 13. Cost is \$19.95 per adult, \$7.95 for children ages 6 to 11 and children ages 5 and under are free. The buffet dinner includes a carving station with prime rib and turkey, shrimp creole, chicken Marsala, Italian sausage and peppers, oven roasted herbed potatoes, rice, pasta, assorted vegetables. An assortment of desserts, coffee,

tea, iced tea, and cash bar will be available with a glass of champagne for mom.

For reservations, call 410-278-3062/2552/5195 by May 10. No reservations after May 10.

Dog Obedience for Beginners

Get hands-on training and learn techniques that will help the dog respond to commands in a positive way.

Class will be held 6 to 7 p.m. every Thursday, May 17 through June 21 at the APG North Recreation Center, building 3326.

Register by May 15. Cost is \$60.

For more information or to register, call MWR Leisure Travel Services, Aberdeen Recreation Center. 410-278-4011/4907, e-mail mwr_registration@apg.army. mil or visit Web site www. apgmwr.com.

APG searching for talent

APG MWR is looking for a few good men or women, that can sing, dance, play instruments, tell jokes and more. Participants must be 18 years or older and part of the APG community.

Auditions will be held May 29 and 30 at the Edgewood Stark Recreation Center, and June 5 and 6 at the Aberdeen Recreation Center, 6 p.m. each day. Performers must provide their own music cd, containing one single track. Event rules will be available at ticket outlet.

NASCAR at Dover Downs

Reserved grandstand seats and value seats are available to all DoD ID card holders for the June 2 Busch Series and June 3 Dover 400 Nextel Cup races.

Reserved grandstand seats cost \$86 per person; value seats cost \$57 per person; general admission tickets for the June 2 Busch Series cost \$47 per person. (Children 11 and under admitted free with each paying adult.)

The last day to order tickets is May 3.

For more information or to purchase tickets, call MWR

Leisure Travel Services, Aberdeen Recreation Center, building 3326, 410-278-4011/4907, e-mail mwr_registration@apg.army.mil or visit Web site www.apgmwr.com. LPGA tickets

MWR has tickets to see the McDonald's LPGA Championship featuring the biggest names in women's golf June 4 through 10 at Bulle Rock, Havre de Grace.

Cost is \$12 for regular admission and includes one day admission and transportation to and from designated parking areas. Season Badges cost \$33 each and includes daily admission and transportation to and from designated parking areas.

Saturday, June 9, is Military Appreciation Day. All active duty and retiree ID card holders will be admitted free.

New York City Liberty Tour

Cruise aboard the famous Circle Line cruise ship down Manhattan harbor to the Statue of Liberty for the best view in the city. Following the cruise, enjoy lunch on the coach touring famous and not so famous New York sights narrated by a professional and friendly step on guide. Then explore and shop in midtown Manhattan. Shop for souvenirs, browse at Macy's or stroll Times Square. Cost of the trip is \$90 per person and includes roundtrip transportation, cruise and lunch.

Deadline for registration is June 22. The bus will depart 7:20 a.m. and return 9:30 p.m.

For more information or to purchase tickets, visit MWR registration, Aberdeen North, building 3326, 410-278-4011/4907 Hoyle Gymnasium, Aberdeen South, building E4210, 410-436-3375/7134.

APG holds Talent Show

A Talent Show will be held June 23, at the Aberdeen Recreation center, 6:30 p.m.; doors open 6 p.m. The event is open to the public.

Tickets cost \$5 for active duty military, \$7 for non-military.

For more information or to purchase tickets, visit MWR registration, Aberdeen North, building 3326, 410-278-4011/4907 or Aberdeen South, Hoyle Gymnasium, building E4210, 410-436-3375/7134.

2007 Army Arts and Crafts Contest

The Army Arts and Crafts Contest is an annual, juried competition of 2- and 3-dimensional artwork held in separate groups for novice and accomplished artists and craftspeople. All authorized patrons of Morale, Welfare and Recreation are eligible to enter. Rules for submission of entries, as well as entry forms can be downloaded from www. **armymwr.com**, or at the Arts and Crafts Centers.

Entries must be submitted to Arts and Crafts Center, building 2407, 410-278-4207

no later than 4 p.m., May 17. **Dover Downs Raceway Nextel Cup**

Zoom on down to "The Monster Mile" Dover Downs Raceway Nextel Cup race on June 3. The bus departs 9:20 a.m. and returns approximately 8 p.m.

Experience the thrill of the speed, the unique white concrete track, the roar of the engines and cheers of the crowd.

Cost of the trip is \$130 and includes bus transportation and tickets - reserved seating on Turn 3, sections 139-149, rows 1-30.

For more information or for registration, call 410-278-4011/4907 or e-mail mwr_ registration@apg.army.mil.

MWR begins daily bus trips to Atlantic City

Roll the bones on daily trips to Atlantic City. MWR Leisure Travel Services offers daily bus service to Trump Taj Mahal Casino and Bally's Casino. Cost of the trip to Trump Taj Mahal is \$28 per person with \$25 back in cash and a \$5 buffet coupon. Cost of the trip to Bally's Casino is \$22 with \$22 back in cash. Only for ages 21 and over.

The bus will leave Vitali's Restaurant, Best Western in Edgewood at 9 a.m. and return at 9 p.m.

For more information, call MWR Leisure Travel Services at Aberdeen Recreation Center, building 3326, 410-278-4011/4907 or e-mail mwr_ registration@apg.army.mil.

Orioles Baseball tickets available at MWR Leisure **Travel Services**

All game seats are located in Section 40 Row WW seats 11 and 12, Row XX seats 11 and 12. Tickets cost \$49 each.

Call 410-278-4011/4907 or e-mail mwr_registration@apg.

Sports

Amateur Boxing Night

Once again MWR will host Amateur Boxing Night, 6 p.m., June 2, in the parking lot of the APG Athletic Center, building 3330. The 143rd Ordnance Battalion will battle the 16th Ordnance Battalion.

Tickets cost \$5 for active duty military, \$10 for civilians and \$20 for front row seating. Admission is free for children 6 and younger. The event is open to the public.

Purchase tickets at MWR Thursdays.

Leisure Travel Services, building 3326, 410-278-4011/4907, e-mail mwr registration@apg. army.mil or Hoyle Gym and Fitness Center, building E-4210 or call 410-436-3375/7134.

Youth Golf Program

Registration for the golf program for boys and girls, ages 7 through 16 (as of June 18, 2007) will be held through

APG North golf will begin June 19 on Tuesdays and

Age groups 7 to 9 will play 8 a.m.; 9 a.m. for ages 10 and 11; and 10 a.m. for ages 12 through 16.

APG South golf will begin June 18 on Mondays and Fridays.

Ages groups 7 to 9 will play 8 a.m.; 9 a.m. for ages 10 and 11; and 10 a.m. for ages 12 through 16.

Cost of registration is \$65 for CYS members. All youths must be registered with CYS.

For more information or to register, call 410-278-7571/7479 or Bill Kegley, 410-306-2297.

Swimming pool operations

Pool passes and lessons go on sale April 9

OLYMPIC POOL, BUILDING 3325

Opening date: May 26 Weekends only: May 26 to June 10 plus Memorial Day, May 28

Daily operation: June 16 to Aug. 26 Labor Day weekend: Sept. 1 through 3 Closing date: Monday, Sept. 3 Daily operation schedule

Child & Youth Services Day Camp: 9 to 11:30 a.m., June 18 to Aug. 17

Open swim hours: 12:30 to 6:30 p.m. The lap swim lane is available during standard hours.

Weekend operation schedule: Open swim: Daily operation schedule 12:30 to 6:30 p.m.

Daily......\$5

Under 5 Free

Guest of eligible patron.....\$9

5 and under.....\$2

Active duty E1 – E4.....\$2

Lap swim.....\$2

E1-E4.....\$15

All others.....\$35

E1-E4.....\$35

All others......\$70

E1-E4.....\$40

All others\$85

SHORE POOL, BUILDING 2031

No open swim schedule.

POOL PASS FEES

30-day pass

Season pass

Individual

Individual

Lap swim, swim lessons, drown proofing and rentals only.

Swimming lessons: June 19 to Aug. 10; Levels 1-6, Adult, Parent/Toddler are scheduled daily. (Determined by customer demand.) Lap swim: 11:30 a.m. to 12:30 p.m., June 18 to 29

BAYSIDE POOL, BUILDING E-4655

Operates on same schedule as the Olympic Pool.

Weekend hours: 12:30 to 6:30 p.m.

CYS Day Camp: 9 to 11 a.m., June 18 to

Open swim hours: 12:30 to 6:30 p.m.

Family E1- E4\$80

All others\$175 Season passes go on sale April 9 at the Outdoor Recreation Equipment Resource Center in APG North, 410-278-4124, and at the Hoyle Gym in APG South, 410-436-3375.

SWIMMING LESSON FEES

Lesson location: Shore Pool; cost is \$50 *10% discount for each additional child in a session.

*10% discount for each additional session Registration dates:

April 9 - Active duty military only April 23 - DoD civilians May 7 - All other eligible patrons

APG Dawning of a new era in APG's 90-year history

90th Anniversary Celebration Calendar of Events

(All dates are subject to change and weather conditions.)

May

Asian Pacific American Heritage Month (EEO)/APG Open House/Military Appreciation/ Ordnance Week activities and anniversary ball

- 5, Spring Fest/Bike Rodeo community event, 10 a.m. to 3 p.m., Fire and Emergency Services, 410-306-0533
- 13, U.S. Army Soldier Show, 7 p.m., open to public, MWR, 410-278-4402 • 17, Military Appreciation Luncheon (spon-
- sored by the Harford County Chamber of Commerce), by invitation only • 19, 10K Armed Forces Day Run, MWR,
- 410-278-3812

June

• 2 and 3, Ruggles Senior Club Championship, 9 a.m., age 50 and older, limited

to annual, MWR, Ruggles Golf Course, 410-278-9452

• 11, Ruggles Super Senior Tournament, age 60 and older, MWR, Ruggles Golf Course, 410-278-9452

July

• 26, Army Community Service Birthday Picnic, 11 a.m. to 2 p.m.

August /September /October

• TBA Army Concert Tour

278-4372, 6 to 9 p.m.

November 2007

December 2007 • 5, ACS Christmas Party/Tree Lighting

• 15, Military Family Movie, ACS, 410-

Ceremony, 410-278-4372, 6 to 9 p.m. (Editor's note: This calendar will be updated as necessary. New or changed items will appear in italic bold print.)

to new location The MWR operated Vehicle Resale Lot for anyone who

Vehicle Resale Lot moves

needs to sell or buy a vehicle is now at Outdoor Recreation Center, building 2407.

For more information, e-mail MWR-OutdoorRec@ apg.army.mil, call 410-278-4124 or visit Web site www. apgmwr.com.

Arundel Mills Mall. Experience the adven-

ture and romance of the Middle Ages with

a four-course medieval feast and live joust-

ing performance. Cost per person is \$54 and

• June 21 thru 24 - Weekend in Cape

• Sept. 15 – A trip to Broadway, New York

• Oct. 5 – Trip to Sight and Sound to see

"In the Beginning" and enjoy dinner at Her-

• July 21 – New York City for the day

includes charter bus transportation, meal and

entertainment.

City to see "Tarzan"

May

Upcoming Civilian Welfare Fund events/trips

- May 11 Trip to Medieval Times, shey Farms • Oct. 20 - Scrapbooking Crop at Top of
 - the Bay • Nov. 9 thru 12 – Trip to the Grand Canyon by railway
 - Nov. 23 thru 25 A weekend in New York City to see Radio City Music Hall Christmas Spectacular with hotel accommodations
 - Nov. 24 Trip to New York City for the Radio City Music Hall Christmas Spectacular

For more information or to make reservations, call Angela Keithley, Civilian Welfare Fund Office, 410-278-4603/4771.

SCHOOL LIAISON

Scholarship enrollment open

ThanksUSA, will award \$4 million in amounts up to \$5,000 each, to fund college, vocational or technical school needs of military spouses and their children. The Treasure Hunt Aiding Needs of Kids

(and spouses) of those serving the United States of America was started by two children, Rachel and Kelsi Okun, ages 8 and 10. "We wanted to show that we care about

military families... who make sacrifices for our country just like our troops," they said. The funds are combined federal, corporate and individual contributions shared through

a partnership of CinCHouse.com /Operation Homefront and Militaryconnection.com.

It is the first-ever nationwide treasure hunt staged to support military troops.

In this treasure hunt, participants of all ages will navigate their way through 12 challenging puzzles, each based on a U.S. state, with clues rooted in American history, culture and geography.

Scholarship enrollment closes May 30. Winners will be selected on the basis of financial need, academic record, demonstrated leadership and participation in school and community activities.

See www.ThanksUSA.org for an application and to begin the hunt.

For more information on any APG school related information, contact Eileen Campbell, 410-278-2857 or eileen.campbell@apg.army.mil.

APG Bowling Center Snack Bar specials

Building 2342

Week of April 30

Special #1: Buy one meal at regular price, get second meal 40 percent off (must be a meal

Special #2: Chicken filet salad with chicken filet on top of lettuce, tomato, pickles, onions, cucumbers, green peppers, potato chips, one cookie and soda for \$5.25.

Week of May 7

Special #1: Chef salad, with lettuce, tomato, pickles, onions, cucumber, green peppers, cheese, ham, turkey, potato chips, one cookie and soda for \$5.65

Special #2: #2 American hero submarine with mayonnaise, lettuce, tomato, pickles, onions, ham, bologna, cheese, bag chips, one cookie and soda for \$5.45

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



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Chapel News

Schedule of events conducted by Father Andre Patenaude (Father Pat), May 3 to 9

APG NORTH MAIN POST CHAPEL

Thursday, May 3, Ecumenical Soldiers' Ministry, concert/faith presentation, 6 to 9 p.m., Coffee House/Lighthouse, building 4308.

Saturday, May 5, 8:30 to 10 a.m., informal ecumenical Prayer Breakfast with music and devotion by Father Pat. Bring a breakfast dish to share.

Sunday, May 6, 8:45, Catholic Mass celebrated by Father Pat.

Sunday, May 6, 12:30 to 2:30 p.m., Catholic Youth of the Chapel lunch followed by music and faith presentation.

Sunday, May 6, ecumenical community concert, 6:30 to 7:30 p.m., followed by a "Build your own sundae" ice cream social.

Monday, May 7, 6:30 p.m., an ecumenical concert

and faith presentation for all women of the chapel with dessert and beverage included.

APG SOUTH POST CHAPEL

Friday, 4 May, 6 to 8 p.m., ecumenical candlelight dinner followed by music and faith presentation.

Tuesday, 8 May, 7 to 8:15 p.m., ecumenical concert and faith presentation for the APG community including advanced individual training students

Sponsored by the APG Chaplain's and Religious Education Office. Everyone is welcome and there is no fee involved.

For more information, call Gerri Merkel, 410-278-2516 or e-mail gerri.merkel@apg.army.mil. For more information about Father Pat, visit Web site www.fatherpat.org.

REGISTER FOR VACATION BIBLE SCHOOL

The APG Main Post Chapel Vacation Bible School will be held 6 to 8:45 p.m., June 25 through 29, for preschoolers ages 5 to grade 6.

This year's theme is "Holy Land Adventure: Galilee by the Sea – Catch Jesus in Action."

Nursery care will be provided for volunteers.

Registration forms for volunteers (adults and teens) are available in the entrance of the Main Post (APG North) and South Post (APG South) chapels. Early registration is requested. For more information, call Gerri Merkel, 410-278-2516 or email gerri.merkel@apg.army.mil.

PROTESTANT WOMEN OF THE CHAPEL

TUESDAY MAY 15 SEWING AND CRAFT SOCIAL

A sewing and craft social will be held 10 a.m. to noon, in the APG Main Chapel, classroom 3. Anyone who likes to sew or wants to learn how is invited to hang out with ladies who want to have fun and learn a new hobby.

There are sewing machines and materials for a small project. For a larger quilt project, participants should bring six pairs of jeans and flannel fabric.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@ usag.apg.army.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

James Addas
Sarah Blevins
Sarah Boats
William Bond
Sandra Boyd
Debra Bonsall (daughter
has brain tumor)
Jeanie Bowman
Kim Brooks
Leroy Carter
Stephen Carter
Rogelio Chevannes
Brett Christy
James Craven
Ruth Cunningham

John Daigle
Shelia Davison (benign paroxysmal positional vertigo)
Marc Devecchio

Dawn Folck Susan Gorhan **David Harding** Hester Hayes Cathleen Holmes Rick Jernigan Carolyn Johnson Reginald Johnson Karen Kimble Beverly King (caring for husband) Lydia Langley Joyce Mauldin Louis McCarter (kidney failure) Nicole McKew Sandra Miller Karen Moss Gloria Morales Trudie Norman

Mary Pettiway Carol Piper Lester Pilcher Karen Privet Grea Prvor Judith Rembold Barbara Seker Joyce Spies Joan Taeuber Alison Tichenor Elizabeth Usmari Christine Wheaton Kimberly Windisch Louis Winters Roberta Witherspoon Sharon Woods Charles Young

Ify Okoye



Channel 21 features Pentagon Channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

Around the Services, 8 a.m. Focus on the Force, 10 a.m. Army Newswatch, 11 a.m.

Freedom Journal Iraq/AF Prime Time, 1 p.m. AFN Europe, 6:30 p.m.

AFN Europe, 6:30 p.m. Around the Services, 8 p.m.

Focus on the Force, 10 p.m.

Tuesday

Around the Services, 8 a.m.
Freedom Journal Iraq/AF Prime Time, 10 a.m.
Focus on the Force, 1 p.m.

Around the Services, 5:30 p.m. Army Newswatch, 7 p.m.

Freedom Journal Iraq/AP Prime Time, 10 p.m.

Wednesday

Around the Services, 8 a.m. Army Newswatch, 9:30 a.m. Focus on the Force, 2 p.m. AFN News Europe, 6:30 p.m. Around the Services, 8 p.m. Army Newswatch, 9:30 p.m.

Thursday

AF Prime Time/Freedom Journal Iraq, 10 a.m.
Around the Services, Noon
Focus on the Force, 1 p.m.
AFN News Europe, 1:30 p.m.
Around the Services, 8 p.m.
Focus on the Force, 9:30 p.m.

Friday

Around the Services, 8 a.m., Noon Freedom Journal Iraq/AF Prime Time, 2:30 p.m. Army Football, 4 p.m. AFN News Europe, 6:30 p.m. Around the Services, 8 p.m.

Saturday

Freedom Journal Iraq/AF Prime Time, 4 p.m. Army Newswatch, 7:30 p.m. Focus on the Force, 9 p.m.

Focus of **Sunday**

Focus on the Force, 11:30 a.m.

Army Healthwatch, 2 p.m. Army Newswatch, 4:30 p.m.

Army Newswatch – Bi-weekly report on the men and women of the Army

Around the Services – From the Pentagon Channel News Center, daily half-hour program featuring military news from top defense officials and the military services from around the world

RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. Military men and women

Your Corps – Monthly view of the men and women of the Marine Corps

Freedom Journal Iraq – A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq

Navy Marine Corp News – A weekly look at the men and women of today's sea service.

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the U.S. Air Force

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service

Battleground - Every weekend, this series features historic films from World War II, Korean War, and the Vietnam War. A Pentagon Channel Original Series

Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan – Presents the latest from Operation Enduring Freedom, showing the activities of American Troops in country.

ATS Reloaded – ATS-Reloaded revisits the best of the week and keeps you updated on information that's important to you.



Your health is KUSAHC's goal



KUSAHC opens renovated pharmacy



The new pharmacy at Kirk U.S. Army Health Clinic uses barcoded AccuMed dispensing systems that improve safety for patients. These dispensing systems are connected to a computer that tells the kind and amount of pills that go in each bottle.

Story and photo by **HEATHER TASSMER**

The Kirk U.S. Army Health Clinic staff celebrated the new pharmacy's grand re-opening during a ribbon cutting ceremony April 25.

Lt. Col. William Rice, commander of KUSAHC, said that the pharmacy's expansion was a project that was "two and a half years in the making."

The decision to expand the pharmacy was a combined decision of Col. John W. Wempe former KUSAHC commander; Lt. Col. Patrick the right time."

Barrett, deputy commander of Administration and Robert J. McAuley, the former chief of Pharmacy.

KUSAHC made the expansion using existing funds and the pharmacy has tripled in size,

"As you can imagine, there were tight quarters before and we had old equipment," Rice said. "Part of the process has been to make the pharmacy more efficient, a more friendly place to work and make things safer so that the right medicine gets to the right patient at

tenance staffs for their efforts and patient advocate/public affairs officer, Deborah Dodsworth, for spreading the word of the expansion.

Rice also thanked Nora Michaels, who served as the only pharmacist while the pharmacy was relocated to the back of the clinic.

He said the staff of six pharmacy technicians and three pharmacists complete 500 to 650 prescriptions a day. A total of 1,500 prescriptions are filled at the APG South KUSAHC pharma-

Changes have taken place inside the pharmacy and in the waiting room after about five months of construction. Inside the pharmacy, pharmacists are now using AccuMed bar-coded dispensing systems that accurately count more than 300 pills per minute, Dodsworth said.

The pharmacy has also been painted and new carpets were installed.

Tall privacy screens were added outside of the pharmacy's walls to ensure confidentiality between the pharmacist and the patient, Dodsworth said.

The pharmacy's waiting room also contains new furniture and a 42-inch flat screen television.

Rice said there is a misconception the expansion will make the pharmacy faster, but that is not the case.

"The intent [of the expansion] was to increase patient safety," he said. "Our state-of-the-art dispensing system is connected to the computer so it dispenses the type of pills and number the computer tells it to.'

Each machine contains a chute that is shaped for the pills it dispenses to prevent stray pills from entering the bottle, he said.

A barcode is also used to identify which pharmacist has checked a bottle, Rice said. Before, the pharmacists would initial the pre-8:30 a.m. to 4:30 p.m.

He gave credit to the logistics and main-scription and it was less clear who checked it, he said.

Dr. Kathleen Tierno, chief of Pharmacy, said the new systems are a "great safety feature."

"They were needed because of the high volume of prescriptions that need to be filled each day," Tierno said.

She said the past several months have been stressful with learning how the new machines work and how to maintain them.

After being relocated to its original location, the pharmacy has been getting back to how it was before the construction started, she said.

Customers expressed satisfaction with the pharmacy.

"The pharmacy here is great," said retired Sgt. 1st Class Richard Overturf. "You can call in for refills the day before and you don't have to wait in line. The staff is very responsible and make sure you get your medicine."

"The new privacy dividers are really nice," said his wife Laura. "Before [the dividers were added] you could hear the pharmacist and the patient talking to each another."

Master Sgt. William Brown, a senior supply sergeant with Towson Armory, said he was also happy with the pharmacy's services.

"I prefer to come here than Kimbrough because the people are more caring and the atmosphere is more intimate," Brown said. "This place is really starting to look nice. They give the pharmacy a personal touch and a more intimate look."

Pharmacy schedule:

7 to 8:30 a.m. Sick call/students only 8:30 a.m. to 4:30 p.m. Drop off 8:30 a.m. to 5 p.m. Pick up Thursday hours

7 to 8:30 a.m. Sick call 12:45 to 2:15 p.m. Closed for lunch, training

KUSAHC describes Pharmacy policies

K. TIERNO

Medications have improved the quality of life for millions of Americans, but medicines may also cause serious harm if not taken correctly.

To make the most of health care providers, it is best to use only one pharmacy so all medication records are at one location. This way, there will be less risk of duplicating medicine or having one prescription interact harmfully with another. Pharmacists who know their patients and have their medication profiles on file will be aware of possible harmful drug interactions or allergies to certain drugs. The pharmacist also will be able to discuss possible side effects; what foods, drinks, or activities that should be avoided while on a medication; what to do if a dose is missed and a wide range of other helpful information.

Before taking any new medications, verify:

- What is the name of the medication and what is it supposed to do?
- When and how is the medicine taken? · How long should the med-
- icine be taken? Does this medication con-
- tain anything that can cause an allergic reaction?
- Should the patient avoid alcohol, any other medicines, foods, and/or activities? • Should the patient expect
- any side effects?
- What if the patient forgets to take my medication? • Is it safe to become preg-
- nant or to breast-feed while taking this medication? · How should the medica-
- tion be stored? • Will this medication
- interact with other medications, vitamins, or herbal supplements?

Patient safety tips

Be sure that the patient's name is on every container of medication. If the medicine is for a child, be sure that the child's name is on the label.

Never take a medication out of its original container to

Highlight the patient's name, the medication name, and the expiration date (if any) with a marker so they can be easily seen. Use a different color marker for each member of the Family.

the entire label every time the medication is taken or given to

a Family member.

If the patient has stopped taking a particular medicine but still has some left, check with the pharmacist or doctor. Many medications should be taken until they are all gone, and having leftover medications could indicate that the medication was not taken

Properly dispose of any medicine that has not been used in six months.

Do not share medicines. Medication should be taken only by the patient for whom it was prescribed.

Keep a permanent, updated list of all medications taken by each Family member as part of the Family's history, including both prescription and nonprescription medicines.

Frequently asked questions

The Pharmacy staff at Kirk U.S. Army Health Clinic carefully fills and checks every prescription to ensure that each patient is provided with the right medication. The pharmacy staff also checks for dangerous drug interactions, verifies appropriate dosing, offers drug counseling services and much more.

With each new prescription filled, the pharmacy gives an accompanying information sheet which informs the patient/caregiver about the medication prescribed.

Question: What are the qualifications of the Pharmacy staff?

Answer: Pharmacy technicians have passed a rigorous national exam with the National Board of Pharmacy Technicians to obtain their pharmacy technician certification. Pharmacists go through a minimum of 6 years of pharmacy training at an accredited university to complete the Degree in Pharmacy and are licensed by the State Board of Pharmacy.

Question: If patient received a prescription for medicine from a doctor at Walter Reed and it is not on the KUSAHC drug formulary, can it be filled at KUSAHC?

Answer: Prescriptions written at WRAMC for KUSAHC non-formulary medications that are on the formulary at WRAMC must be initially filled at WRAMC to assure you receive your medication in a timely manner. These pre-

KUSAHC using the special order process.

Question: Why do patients have to wait so long to get a prescription filled/refilled?

Answer: The Pharmacy at KUSAHC fills between 550 and 650 prescriptions each day. Although it appears to be an easy task to put a few tablets in a bottle and attach a label, be assured that the Pharmacy staff is also checking for dangerous drug interactions and verifying appropriate dosing information that is specific to assure the patient's utmost

safety. Question: Why can't the Pharmacy accept faxed prescriptions or phoned-in prescriptions from an outside pro-

Answer: KUSAHC policy is to only accept hand-written prescriptions from an outside provider. Many faxed forms are not legible, thus potentially allowing a medication error to occur and/or causing the Pharmacy staff to spend a significant amount of time calling the provider to clarify the prescription. Alleviating the need to clarify the faxed prescription or spending time on the phone with providers will allow the pharmacy staff to continue filling the prescriptions that are brought into the pharmacy.

Question: How does a patient refill a prescription?

Answer: Refills are made by telephone or using the internet and are available for pick-up in the Pharmacy after 2 p.m. the following business day. Refills for special order items should be called in three days ahead of time to allow for procurement.

The APG South Health Clinic has limited medications for Sick Call use. There is no refill service available at the APG South Clinic.

Refill options: call 800-248-6337, or visit https://consult.wramc. amedd.army.mil/refills. Question: Can Family mem-

bers pick up a prescription for another Family member?

Answer: Forms are available at the Pharmacy which allows an individual to designate another person to pick up their prescription. This form must be completed by the patient prior to picking up the

The patient should read scriptions may be refilled at prescription. This form should be kept by the person who is picking up the prescription. The Pharmacy does not keep this information on file.

Question: Patient is not active

duty, but why can't prescrip-

tions be picked up before 8:30 Answer: The Pharmacy services only active duty members for Sick Call from 7 to 8:30

Question: How does a patient with a prescription for a medication that is not on the KUSAHC drug formulary get it filled?

Answer: Prescriptions for KUSAHC non-formulary medications written by a civilian provider must use the mail order pharmacy or a TRICARE network pharmacy.

Question: With the Pharmacy expanding, will more medications be added to the formu-

Answer: No. The medications on the formulary are those selected by the Pharmacy and Therapeutics Committee from Kimbrough Health Clinic at Fort Meade.

Question: If an outside physician prescribes a medication not carried at KUSAHC, do the patient have to get it filled at WRAMC?

Answer: There are several options. A participating community pharmacy can fill the medication. Another option is the TRICARE Mail Order Prescription Plan, where patient mails in a prescription and it is filled by the mail order service and directly mailed to patient's home. The other option is to have the prescription filled at WRAMC, if the medication is on the WRAMC Formulary.

Pharmacy will validate beneficiary eligibility for all prescriptions written by external providers prior to filling the prescription.

Hours of Operation Monday through Friday

7 to 0:30 a.m. - Sick Call, Active Duty Personnel only 8:30 to 5 p.m. – All beneficiaries

Closed Thursdays between 12:45 – 2:15 p.m. (Editor's note: K. Tierno,

Pharm.D. is the chief of Pharmacy Services at Kirk U.S. Army Health Clinic.)

KUSAHC monthly health meetings begin tonight

KUSAHC

Kirk U.S. Army Health Clinic and Health Net Federal Services are working together to bring health care options and clinic policies to its beneficiaries in monthly meetings.

The meetings will be 5 p.m. the first Thursday of every month beginning May 3 at in the KUSAHC Readiness Training Center, room B21.

After an introduction by the commander, Health Net will cover health insurance benefits, followed by KUSAHC staff with information about the health topic of the month.

The month of May will feature mental health, with a representative on site to answer questions. "At Kirk, your health is our goal; we want to encourage you

and your Family members to be active participants in good healthy habits for a lifetime," said Lt. Col. William A. Rice.

Understanding the meaning of 'other health insurance'

By law, Military Treatment Facilities are obligated to bill health insurance companies for services rendered to beneficiaries that are not active duty.

The patient is not charged any fee at the MTF. Because collections from insurance companies help supplement the funding available for providing services to beneficiaries, patients are asked to cooperate by disclosing all relevant insurance information. "To ensure that current health insurance information is on file-

including coverage through employment or through a spouse-our [Kirk U.S. Army Health Clinic] staff will ask patients if they have additional insurance coverage," said Deborah Dodsworth, patient

"Patient Administration will supply every non active duty patient with a card annually to ensure they have updated their Other Health Insurance form located in their medical record. The OHI card must be presented every time a patient picks up medications, goes for lab work or radiology," she said.

All non-active duty beneficiaries are requested to review their third party billing card to ensure that it has not expired.

"Your insurance information and card must be verified and updated annually. If your card has expired, please go to the Patient Administration Office at Kirk U.S. Army Health Clinic for renewal of your card and update supplemental healthcare insurance information in your medical record," Dodsworth said.

From the initial mandate to bill health insurance companies, health care services have been supplemented with third party reimbursements helping to buy equipment, upgrade services and make improvements.

"Timely renewal of your card will prevent delays in receiving services at KUSAHC," she said.

Reviewing third party billing, collection cards

KUSAHC

All non-active duty beneficiaries are requested to review their third party billing card to ensure that it has not met the expira-

Every patient's insurance information and card must be verified and updated annually. The third party Other Health Insurance verification card will be required prior to pick up of any pharmaceuticals beginning June 20, 2005.

If the card has expired, visit the Patient Administration Office at Kirk U.S. Army Health Clinic for renewal and update supplemental healthcare insurance information in the patient's medical

Timely renewal of the card will prevent delays in receiving services at KUSAHC.

SPRING FEST AND

RODEO

BIKE RODEO



CHESAPEAKE CHALLENGE





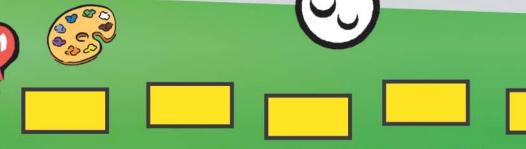












SPRINGFIELD ST









SHINE SPORTS FIELD

SPRING FEST

BIKE RODEO SCHEDULE OF EVENTS

Spring Fest/Bike Rodeo starts 10:30 a.m. to 2:30 p.m. **Face painting** 11 a.m. **Latino Dance performance** 11:30 a.m. **Balloon animals, lunch** Chesapeake Challenge opens, **Sparky the Fire Dog's birthday celebration Latino Dance performance** 12:15 p.m. 1 p.m. Elmo visits* 2 p.m. The Hulk visits* Spring Fest/Bike Rodeo ends,

All-day events

Child and Youth Services Flag Football games, **Bike Rodeo, Army Substance Abuse Program's Drunk Awareness Activities and more.**

Free family movie "Norbit" plays at Post Theater

*Characters will be roaming the grounds

INDEX OF SYMBOLS



APG Police



Chesapeake Challenge



Department





Batting Cages











Sparky's



Painting



Latino Dance **Performance**











Flag Football



Street **Bowling**



Food

Road closure





Art students' portraits of fallen Soldiers line the walls of Edgewood High School's media room for their Iraq War Memorial.

APG military members praise Edgewood High's Iraq War Memorial

Story and photos by
HEATHER TASSMER

A regimental chief warrant officer and a Headquarters and Headquarters Company, 61st Ordnance Brigade company commander from Aberdeen Proving Ground served as guest speakers and admired Edgewood High School's Iraq War Memorial during an induction ceremony April 26.

Chief Warrant Officer 5 Harold DeBerry from the U.S. Army Ordnance Center and Schools and Capt. Jacob Grabia, Headquarters and Headquarters Company, 61st Ordnance Brigade company commander, showed support for the memorial, a series of portraits of fallen Soldiers and Iraqi civilians located in the school's media room. The portraits were painted by students from Alison Comoglio and Christian Licier's art classes.

"It's amazing to see all this quality artwork," DeBerry said. "[It] is very moving."

He said he has been a Soldier for forty years and that Soldiers come from "all walks of life."

He mentioned that when he was the students' age, he lived on a fram in a small town in Tennessee. His father was the principal and a teacher at his school.

"When I went home, he was my principal and teacher," he said.

DeBerry said his father's guidance inspired him to lead a successful life.

He said that there are many memorials all over the United States including the Korean War Memorial and Vietnam Memorial to honor Soldiers "who have given the ultimate sacrifice" for their country.

"These memorials give comfort to those who lost loved ones in the war," he said. "They let us Soldiers know that if we die in war, you will preserve our memory and our fight was not in vain."

He said that more than 3,000 Soldiers have died in Iraq and Afghanistan and for this reason, they should continue to keep Soldiers in their thoughts.

"Through your efforts, prayers and understanding, Soldiers prevail," he said. "If these fallen Soldiers were here today they would be very proud of your work."

very proud of your work."

The memorial was Comoglio's brainchild.

"I wanted to do something that would bring our students in touch with the community and the world," Comoglio said.

She said originally she wanted to do an AIDS quilt but then came up with the idea for the memorial.

The students came up with the idea to paint Iraqi civilians as well as Soldiers, she said.

The teachers mixed two styles of art, post

impressionism and photorealism, Licier said.

Post impressionism is using bold colors and defined brush strokes and photorealism is making the painting look like a real photograph, he said.

The teachers showed appreciation for the memorial's finished product.

"My kids worked really hard," Comoglio said. "They got a really good feel of what a memorial is. The project turned out to be awe-some and the kids had a lot of fun with it."

"I was proud of my kids," Licier said. "The project bridged our school community with the Harford County community."

The students researched memorials all over the world for inspiration and received an even more personal perspective of the war when they researched the Soldiers' lives.

They looked on Washington Post's Web site for Soldiers from Maryland who died in the War on Terrorism.

About 64 Soldiers from Maryland have died in the war, according to Iraq Coalition Casualty Count's Web site, http://icasualties.org.

In her opening comments, Comoglio said,

"We want to express gratitude for having the opportunity to work with such excellent students. We wanted to create a lesson that would inspire students and make them aware of the sacrifices Soldiers make for them every day."

Comoglio and Licier thanked the rest of the memorial team who hung the portraits and everyone for attending the ceremony.

Ninth graders Ashley Sunderhaus and Rachel Garrison read poems they wrote in honor of fallen Soldiers.

Grabia, who recently spent 6 or 7 months in Iraq, thanked the poets for their work. He described the memorial as "a first class job from top to bottom."

Grabia said that when he first met DeBerry, he was intimidated by all of the plaques on his office wall.

Then he learned that DeBerry went to Vietnam as a young man in 1968 and served two tours there.

"When Ms. [Eileen] Campbell told me that students put the memorial together, I wanted to give you a quality person....someone who came

into the Army as a young guy," Grabia said.

One of the fallen Soldiers featured in the memorial is Pfc. Amy Duerksen, daughter of a former APG chaplain, (Major) Douglas Duerksen. She died last year in Baghdad.

In addition to APG military members and proud parents of the artists, DeBerry's wife, Gloria, and president of the Military and Civilian Spouses' Club, and Eileen Campbell, APG school liaison, were in attendance.

See MEMORIAL, page 15

Bringing the Chem Corps' best to the tables at APG

RDECOM

The Annual National Capital Region Green Dragon Ball is celebrating the 89th anniversary of the Chemical Corps and the 90th anniversary of Aberdeen Proving Ground July 20 at Top of the Bay.

Brig. Gen. Stanley H. Lillie, director of Integration Office of the Deputy Chief of Staff, G-8 United States Army will host the ball

"This year's National Capital Region Green Dragon Ball will bring together more than three-hundred Dragon Soldiers, civilians and their spouses from throughout the D.C. area for collaboration as colleagues and as friends," Lillie said. "The National Capital Region's Green Dragon Ball is an excellent opportunity to link the past, present and future of the Chemical Corps at one event.



"The National Capital Region Green Dragon Ball is not just a dinner; it is an inspiration for all involved in the chemical community. It is a chance to unite our country's bravest Soldiers," Lillie said.

This joint celebration will include dis-

plays, formal festivities and induct several attendees into the prestigious Chemical Corps Order of the Dragon.

"The skill and courage of our Green Dragon Soldiers and civilians is recognized around the world, and they are truly a national asset," said Maj. Gen. Stephen Reeves, Joint Program Executive Office Chemical Biology Defense. "The annual National Capital Region Green Dragon Ball is an opportunity to bring together the diverse talents and people from across the CBRN community and share an evening of camaraderie."

For more information on the Green Dragon Ball visit http://www.rdecom.army.mil/greendragonball/.

To make a reservation, call 410-436-4803.

Memorial

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"The Edgewood High School students provided a tribute to Harford County Soldiers that paid the utmost price for freedom for our Families. I found their artwork, particularly the individuals' eyes, most striking," Campbell said. "Mister DeBerry's discourse on sacrifice and Captain Jake Grabia's respectful introduction provided the perfect military presence this evening."

The art students discussed their experiences with working on the project.

"It was great and I had a lot of fun," Garrison said. "I learned that you can never take anything for granted and that you may lose someone close who is serving the country and keeping us safe."

She said Families of the fallen Soldiers have already come to visit the memorial.

"It gave me a sense of connection to Soldiers and what is going on in the war," said Jaqueline Cast, an 11th grade



One of the Soldiers featured in the memorial was Pfc. Amy Duerksen who originally was from Aberdeen Proving Ground. She died on March 11, 2006, in Baghdad.

student. "The war is something that people consider old news and don't think about much. We should think about and honor those who died in the Iraq war."

"I was honored and happy to work on the project," said Kayle Shepard, a 10th grade student. "I learned about different memorials and what it was like to put one together."

"I was excited I could draw someone I never met that was from Maryland and fought for me," said Mike German, a senior.

"I learned most Soldiers are like you and me and are fighting for what they believe in."

Orchestra students Nick Reed, Kristen Reynolds, Eric Merlock and Sam El provided musical entertainment for the ceremony.